

- *Dr. Ann Albright, PhD, RD*, Director, Division of Diabetes Translation, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention (CDC) US Department of Health and Human Services, Atlanta, Georgia.
- *Sandie Anderson, RN, APRN, CDE, BC-ADM*, Director, Harmon Diabetes Center, Kansas City, MO.
- *Janelle Heusinger RD, LD*, Bariatric Services, Iowa Health – Des Moines, Des Moines, IA.
- *Dr. Nancy Kane-Johnson*, Endocrinologist, Iowa Diabetes and Endocrinology Center, Des Moines, IA.
- *Dr. Kelly J. Seiler*, Pediatric Endocrinologist, Blank Children's Hospital, Des Moines, IA.



A Little  
Something  
For Everyone

Friday, November 2, 2007

01036-4 7/07

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LiveWell is an event-based program, designed to support our mission of healing, caring and teaching. It includes health education and prevention programming, focused marketing efforts and expanded community outreach.

Iowa Methodist Medical Center  
1200 Pleasant Street  
Des Moines, IA 50309

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**THIS ACTIVITY IS SUPPORTED IN PART BY UNRESTRICTED EDUCATIONAL GRANTS FROM:**

- Animas - a Johnson and Johnson Company
- Eli Lilly
- Iowa Diabetes Network (IDN)
- Iowa Diabetes Prevention and Control Program
- Lifescan - a Johnson and Johnson Company
- Medtronic
- Novo Nordisk
- Takeda

**CONTINUING EDUCATION CREDIT:**

**Nursing:** Approved for 6.0 contact hours by Iowa Board of Nursing Provider #31, Iowa Health – Des Moines.

**Registered Dietitian/ Licensed Dietitian:** The Iowa Dietetic Association as an approved provider on behalf of the Commission for Dietetic Registration of the American Dietetic Association has awarded this program 5.0 hours of prior approved continuing professional education (CPE) hours.

**Certified Diabetes Educators:** To satisfy the requirement for renewal of certification by continuing education for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the “NCBDE List of Approved Providers”. The American Dietetic Association is on the NCBDE List of Approved Providers.

**TARGET AUDIENCE**

Certified Diabetes Educators, nurses, dietitians and other allied healthcare providers interested in understanding diabetes management strategies to equip healthcare providers with advanced concepts in diabetes prevention and management.

**LEARNING OBJECTIVES**

- Upon completion of this activity the participant will be able to:
1. List two ways to improve efforts in prevention and treatment of diabetes.
  2. Implement screening guidelines for at risk children.
  3. List treatment options for metabolic syndrome and Type 2 Diabetes in children.
  4. Examine various methods of obesity treatments currently used.
  5. Compare and contrast different types of Bariatric surgeries.
  6. Increase awareness of newer trends in diabetes care and management.
  7. Discuss when to initiate insulin therapy and how to use it effectively.

**PLANNING COMMITTEE**

- |   |  |
|---|--|
| <p><b>Susan Freeman, RN, BSN, CDE</b><br/>Diabetes Coordinator<br/>Iowa Health – Des Moines<br/>Des Moines, IA</p>                                    | <p><b>Teresa Peiffer, RN, BSN, CDE</b><br/>Diabetes Nurse Educator<br/>Iowa Health – Des Moines<br/>Des Moines, IA</p> |
| <p><b>Laurene Hendricks, Coordinator</b><br/>Iowa Diabetes Prevention and Control Program<br/>Iowa Department of Public Health<br/>Des Moines, IA</p> |  |

**AGENDA**

|                    |  |
|--------------------|--|
| 7:45 - 8:25 a.m.   | Registration/Continental Breakfast/Exhibits  |
| 8:25 - 8:30 a.m.   | Welcome  |
| 8:30 - 9:30 a.m.   | “Diabetes Treatment and Prevention: We Must Improve Both”<br><i>Dr. Ann Albright, PhD, RD</i>          |
| 9:30 - 10:30 a.m.  | “Obesity, Metabolic Syndrome and Type 2 Diabetes in Children”<br><i>Dr. Kelly Seiler</i>               |
| 10:30 - 11:00 a.m. | Break  |
| 11 a.m. - Noon     | “Obesity Treatments: Options in 2007”<br><i>Janelle Heusinger, RD, LD</i>                              |
| Noon - 2 p.m.      | <b>Lunch</b><br>Iowa Diabetes Network (IDN) Annual Meeting/Networking                                  |
| 2:15 - 3:15 p.m.   | “Nothing Old Hat About Diabetes: An Endocrinologist’s Perspective”<br><i>Dr. Nancy Kane-Johnson</i>    |
| 3:15 - 4:15 p.m.   | “Using Insulin Effectively in the Outpatient Setting”<br><i>Sandie Anderson, RN, APRN, CDE, BC-ADM</i> |
| 4:15 - 4:30 p.m.   | Closing/Evaluation   |

**FEE:** \$50 (includes meals, CE processing and materials); \$40 for Iowa Diabetes Network (IDN) members (current membership as of July 1, 2007)

**LOCATION:** Education and Research Center at Iowa Methodist Medical Center  
1415 Woodland Avenue  
Des Moines, Iowa

**HOTEL INFORMATION:** Hotel Fort Des Moines  
Single and Double Occupancy: \$79  
*Please mention Iowa Health – Des Moines when making reservations.*  
October 15 is the deadline to call the hotel at (800) 532-1466. Shuttle service will be available.

**CANCELLATIONS:** Written cancellations received on or before October 22, 2007, will be refunded less a \$10.00 administrative fee.  
**NO REFUNDS AFTER OCTOBER 22.**

**CONFIRMATION:** You will receive written confirmation by mail.

**Directions:**

**From the east (I-235 westbound):**

- Take the Keo Way exit, go southeast on Keo Way
- Turn right onto 12th Street.
- Turn right onto Pleasant Street and follow around to the visitor parking ramp.

**From the west (I-235 eastbound):**

- Take the Keo Way exit, go southeast on Keo Way
- Turn right onto 12th Street.
- Turn right onto Pleasant Street and follow around to the visitor parking ramp.

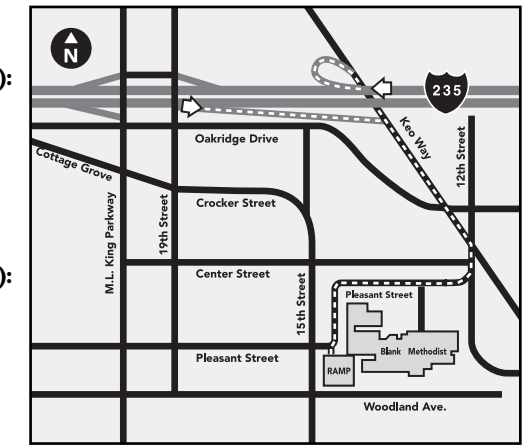
**From Fleur Drive (airport):**

- Take Fleur Drive north to Locust Street.
- Turn right on Locust
- Turn left on 15th Street.
- Turn right onto Pleasant Street and enter the visitor parking ramp.

**TO THE CONFERENCE CENTER:**

Take the SOUTH elevators in the parking ramp to the ground (G) level. The registration table will be located just outside the elevator. Please check in upon your arrival.

**Due to changing road construction in downtown Des Moines, we recommend you refer to [www.avoidtherush.org](http://www.avoidtherush.org) or [www.i235.com](http://www.i235.com).**



**R E G I S T R A T I O N**

**EVENT DATE: NOVEMBER 2, 2007**

**Registration:**

Contact Sheryl Rolfe at the American Diabetes Association with questions.

Please return this completed registration form and payment to:

American Diabetes Association  
2600 72nd St., Ste. O  
Urbandale, IA 50322

Phone: (515) 276-2237 ext. 6862  
Fax: (515) 251-5831  
Email: [srolfe@diabetes.org](mailto:srolfe@diabetes.org)

Please make checks payable to:  
**American Diabetes Association**

**DIABETES POTPOURRI: A Little Something for Everyone**

Pre-registration is required. Deadline is October 12. The activity will be on a first come first served basis. If capacity is reached, registration will be returned.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ County: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Title: \_\_\_\_\_ License Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

IF PAYING BY CREDIT CARD PLEASE COMPLETE

Visa  Mastercard  Discover  American Express

Please check one:  
 \$40 (IDN member as of 7-1-07)  
 \$50 (non IDN member)

Name on card: \_\_\_\_\_ Expiration: \_\_\_\_\_

Card number: \_\_\_\_\_

Signature: \_\_\_\_\_

Check here if you require special assistance to fully participate in the conference and please attach a written description of requirements. Thank you.

