



The **HeartReach Mobile Lab** from **Iowa Health-Des Moines** is a 37 foot Winnebago that brings dedicated technicians and nurses to you to provide the most comprehensive screening for heart disease and stroke. A variety of screening tests are available to help identify your risk for heart disease and stroke. Easy and affordable. **NEW LOWER PRICES!!!**

Where:

Date: Oct. 2010

Time: 7am- 1:30pm

For:

- ♥ **To schedule an appointment.... CALL: 1-866-935-5432**
- ♥ **For more information..... VISIT: www.iowahealth.org/heartreach.**

Screening options available:

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| Option 1 : <u>Complete Screening</u> | \$95 |
| ♥ Ultrasound of Carotid Arteries | (blood flow to the brain) |
| ♥ Check for Abdominal Aortic Aneurysm | (blood vessel in belly) |
| ♥ Ankle-Brachial Index measure | (blood flow in the arms and legs) |
| ♥ Electrocardiogram or EKG | (checks the heartbeat) |
| ♥ Cholesterol Profile with Blood Sugar | |
| ♥ Weight and Waist Measurement | |
| ♥ Heart Disease Risk Survey | |
| ♥ Consultation with a cardiac nurse. | |
| ♥ If you have cholesterol and blood sugar results from the past 6 months, bring them with you and we will use them for your heart disease risk score. | |
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| Option 2: <u>Vascular and EKG Screening</u> | \$85 |
| ♥ Ultrasound of Carotid Arteries | (blood flow to the brain) |
| ♥ Check for Abdominal Aortic Aneurysm | (blood vessel in belly) |
| ♥ Ankle-brachial Index Measure | (blood flow in the arms & legs) |
| ♥ EKG | (checks the heartbeat) |
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| Option 3: <u>Vascular Screening</u> | \$75 |
| ♥ Ultrasound of Carotid Arteries | (blood flow to the brain) |
| ♥ Check for Abdominal Aortic Aneurysm | (blood vessel in belly) |
| ♥ Ankle-Brachial Index Measure | (blood flow in the arms & legs). |
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| Option 4: <u>EKG and Cholesterol Profile and Blood Sugar</u> | \$65 |
| ♥ EKG | (checks the heartbeat) |
| ♥ Heart Disease Risk Survey | |
| ♥ Cholesterol Profile with Blood Sugar | |
| ♥ Weight and Waist Measurement | |
| ♥ Consultation with a cardiac nurse. | |
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| Option 5: <u>ALA CARTE</u> | \$35 each |
| ♥ Cholesterol Profile with Blood Sugar | |
| ♥ EKG | (checks the heartbeat) |
| ♥ Carotid Artery Screening | (blood flow to the brain) |
| ♥ Abdominal Aortic Screening | (blood vessel in belly) |
| ♥ Ankle-Brachial Index Measure | (blood flow in the arms/legs) |